

**2025 AUSCYCLING
CYCLO-CROSS
NATIONAL SERIES
TECHNICAL GUIDE
ROUND 5 & 6 – ADELAIDE**



National Series

AusCycling

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Welcome

Welcome to Rounds 5 and 6 of the 2025 AusCycling CX National Series!

Round 5 & 6 will take place in the lush and vibrant Ellis Park, situated in the heart of Adelaide. With four rounds done and dusted we want to thank you for being part of what promises to be another incredible year of competition, participation, and community as we continue to grow and celebrate Cyclo-cross in Australia.

The AusCycling CX National Series is not just about competition—it's about connection, and community. It provides a platform for riders of all levels to challenge themselves, for hosts and volunteers to showcase their work, for spectators to cheer (and occasionally heckle) and for our community to come together in the spirit of this vibrant, fast-paced sport. Our thanks to the City of Adelaide for their support of the event and for allowing us access to this exciting venue for CX racing here in the Adelaide Parklands.

We extend our sincere thanks to the Port Adelaide Cycling Club for their efforts in delivering this event and to all the volunteers whose tireless work makes this series possible.

We also acknowledge and celebrate the critical role the series plays in fostering the growth of Cyclo-cross across Australia, from the grassroots to the elite level. Your participation is helping to build a stronger future for our sport.

AusCycling acknowledges the Kaurna People, the Traditional Custodians of the land on which we gather and race for Rounds 5 and 6. We pay our respects to their Elders past and present, and extend that respect to all Aboriginal and Torres Strait Islander peoples. We acknowledge the rich cultural heritage and ongoing connection to land, and the value that First Nations people bring to Australian sport and society.

Thank you again for being part of the 2025 AusCycling CX National Series. Good luck to all riders, and we look forward to seeing you out on the course!

Steve Peterson

Executive General Manager | Major Events

2025 AusCycling Cyclo-Cross National Series

The 2025 AusCycling Cyclo-Cross National Series will run from the last weekend in May to mid-August, finishing with a bang at the AusCycling Cyclo-Cross National Championships.

Round 1	Saturday 31 st of May	Belmont Criterium Track – Belmont, VIC
Round 2	Sunday 1 st of June	Belmont Criterium Track – Belmont, VIC
Round 3	Saturday 21 st of June	Heffron Park - Sydney, NSW
Round 4	Sunday 22 nd of June	Heffron Park - Sydney, NSW
Round 5	Saturday 26 th of July	Ellis Park – Adelaide, SA
Round 6	Sunday 27 th of July	Ellis Park – Adelaide, SA
Round 7	Sunday 17 th of August	Victoria Park – Ballarat, VIC

Entry for all events will be managed through the Entry Boss Platform. Event opening times may vary, however you can view all the active events via the [central CX National Series webpage](#).

1.0 Event Information

1.1 Location

Rounds 5 and 6 of the 2025 National Series will take place at Ellis Park situated just next to the center of Adelaide.

1.2 Dates & Entries

Entries are currently open for Rounds 5 & 6. You can enter each event from its dedicated event page below;

[Round 5 – Saturday 26th of July 2025](#)

[Round 6 – Sunday 27th of July 2025](#)

1.3 Registration & Timing Tags

Registrations will be open between 8:00am and 2:00pm Saturday the 26th and Sunday 27th of July, located in the race village.

Riders will be issued with one seat-post mounted timing tag at registration. Riders wishing for an additional timing tag (IE for a spare bike) can notify event organisers via email (cx@pacc.org.au) to receive one additional timing tag. Additional timing tags will be available on race day, however availability may be limited.

1.4 Event Contacts

Please see the listed persons below. Please note that the dedicated event phone will not be attended outside of event hours.

Role	Name	Contact
Event Lead (on the day)	Barnaby Grant	Barnaby.grant@pacc.org.au
AusCycling Contact	Harry Fortune	Harry.fortune@auscycling.org.au

1.5 Race Village & Parking

The Race village is located at near the Tennis Courts adjacent to Ellis Park and the course.

The race village will offer food and beverages, the podium presentation area, medical assistance, drinking fountains, toilets and the registration desk.

Event Parking is limited to street parking. Riders are encouraged to drop off bikes and equipment and park where required. Potential options include;

- Adelaide High School (and surrounding streets)
- 279 Grote St Parking
- 307 Waymouth Street Carpark

For more parking options and to plan ahead, please visit [Adelaide parking - free or cheap lots, garages and street meter spots](#)

1.6 Schedule

Please see the event schedule below. Please note that this Schedule may be subject to change prior to the event.

Round 5 – Saturday 26th of July & Round 6 Sunday 27th of July*

8:00 – 14:00	Registration Open	
8:30 – 9:30	Course Open for Practice	60 minutes
09:30 – 10:05	Under 17 Men & Under 17 Women Under 15 Men & Under 15 Women Under 13 Men & Under 13 Women	30 minutes 25 minutes 20 minutes
10:15 – 11:00	Masters 5-8+ Men	40 minutes
11:15 – 12:00	Masters 1 – 8+ Women, Women Open (or expert)	40 minutes
12:00 – 12:15	Little Crossers (U9's,U11's)	15 minutes
12:15 – 13:00	Morning Presentations Course Open for Practice	30 minutes
13:00 – 13:50	Junior (U19) Men Masters 1-4 Men Open Men (or expert)	45 minutes
14:00 – 14:50	Elite/U23 Women Junior (U19) Women	45 minutes
15:00 – 16:00	Elite/U23 Men	60 minutes
16:00 – 16:30	Afternoon Presentations	

*Competition Schedule Subject to Change

1.7 First Aid & Medical

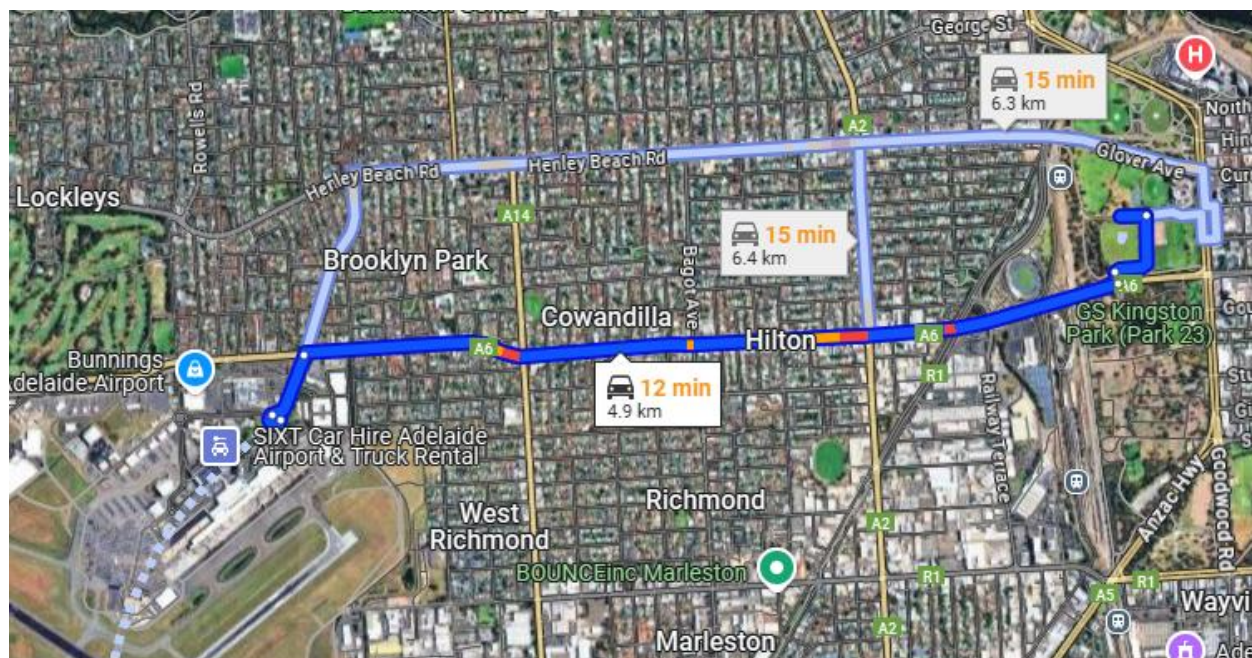
First Aid and medical services will be available on site to all riders and spectators. Medical will be located in the race village and will be available from the start of official practice to end of the final race. Both Spectators and Riders can access medical assistance, however people will be treated in order of medical urgency.

1.8 Team Tents

Pit sites will be available in the area indicated in blue on the race village map. There is no charge to set up a pit space, however we ask that you keep your pit space to a minimum of 6 meters long by 3 meters wide to ensure fair access to all riders and spectators who wish to set up a pit site. Positions within the allocated site are on a first come first served basis. If you decide to leave your set up or any belongings in place overnight, you do so at your own risk.

1.9 Accommodation & Travel

Interstate travelers who are flying to the event should travel to Adelaide Airport (ADL) and travel to Ellis park via car (approx. 15 minutes) or via public Transport – J1 / J2 Bus departing from Stop 10, Adelaide Airport (approx. 35 minutes). Click on the map to view this route in Google Maps.



1.10 Event Day Communications

Communications on event day will be provided through a dedicated WhatsApp channel for the event. Riders and Spectators are encouraged to follow this channel for all updates in relation to the event including schedule changes.

Riders and spectators can access this channel by following this link or scanning the QR code below.

[WhatsApp Channel Link](#)



2.0 Race Information

2.1 Race Categories

This event will offer all AusCycling National Series categories indicated as part of the AusCycling National Series as well as supported races. All participants must race in their designated category based on their age at 31 December 2026.

National Series Categories

Category	Code	Years of Birth
Elite/U23 (19 years and over)	ME, WE	2007 and older
Expert (19-29 Years)	MO / WO	2006 to 1997
Masters 1 (30-34 years)	M1, W1	1996 to 1992
Masters 2 (35-39 years)	M2, W2	1991 to 1987
Masters 3 (40-44 years)	M3, W3	1986 to 1982
Masters 4 (45-49 years)	M4, W4	1981 to 1977
Masters 5 (50-54 years)	M5, W5	1976 to 1972
Masters 6 (55-59 years)	M6, W6	1971 to 1967
Masters 7 (60-64 years)	M7, W7	1966 to 1962
Masters 8+ (65+ years)	M8+, W8+	1961 and older
Junior (18 years and under)	MJ, WJ	2008, 2009
U17 (16 years and under)	M17, W17	2010, 2011
U15 (14 years and under)	M15, W15	2012, 2013

Supported Races (Non-National Series categories)

Category	Code	Years of Birth
Open	OM, OW	2007 and older
U13 (12 years and under)	M13, W13	2014, 2015
U11 (10 years and under)	M11, W11	2016, 2017
Little Crossers (8 years and under)	LX	2017 and younger

2.1.1 Additional Information

- Please note that **U23 riders will compete within the Elite category** and will not have a separate classification in the series.
- Masters races will be combined for the purposes of racing and scheduling, but individual masters categories will be acknowledged on podiums and awarded prizes/medals.
- Participants may qualify for both an Elite ranking and Age-Group ranking for the Series based on the category they compete in each round.

- Masters riders may elect to race in the Elite category for any event however they will only earn Series points in the Elite category from those events where the individual raced in the Elite category. Points accumulated from Masters categories do not count towards Elite Series points.
- Categories may be combined on course for races but will be called up and started as separate waves, in accordance with the AusCycling CX Technical Regulations.
- Note 'Expert' is aimed at those in the 19-29 age group not wanting to race elite. Open can be offered separately by hosts and is a category open to all ages without equipment restrictions, but is not acknowledged as a series category.
- Riding up is not permitted in these series events for any Junior age categories.

2.2 Series Equipment Requirements

Where not expressly mentioned below, all equipment requirements will revert to AusCycling Regulations and then to the UCI Equipment Regulations where applicable.

Bike Requirements (Masters, Expert, U13, U15 & U17)

- Two wheels of the same diameter
- Two brakes
- No additional supports or extensions mounted to the handlebar, stem, fork or frame
- 42mm maximum tyre width
 - Maximum width by a printed or molded size on the tyre's sidewall – where there is no printed or molded size or the tyre has been modified this will revert to an actual 42mm width measured from outside to outside
- Drop handlebars mandatory, no maximum width
- Human-powered bicycles only, no power assist
- No metal studs in tyres
- Double triangle frame shape
- Rear wheel must be free to roll forward independently of the drivetrain (no fixed gear bikes)
- Must have a saddle attached securely to the bicycle

Bike Requirements (Elite, U23 and J19)

- 2 wheels of the same diameter between 550 and 700 mm
- Two brakes
- No additional supports or extensions mounted to the handlebar, stem, fork or frame
- Shifting mechanisms/brake levers must not be customised to create an additional support for hand, wrist or forearm
- 33mm maximum tyre width
- Maximum width measured outside to outside of tyre horizontally, tyre must be inflated and in a condition ready to race when measured
- Drop (traditional) handlebars only
- Handlebar maximum width 50cm from widest point to widest point
- Human-powered bicycles only, no power assist
- Power must be transferred from the crankset to the rear wheel by a chain only
- No metal studs in tyres
- Double triangle frame shape
- Rear wheel must be free to roll forward independently of the drivetrain (no fixed gear bikes)
- Must have a saddle attached securely to the bicycle

2.3 Practice & Warm Up

There are two official practice as per the competition schedule. Please refer to the competition schedule for further information regarding official practice times.

Official Practice for the event will take place at 8:30am with an additional practice at 12:00pm during morning presentations.

2.4 Prizing and Awards

Prizing and awards for this event will include National series medals for all official national series categories (as outlined in the AusCycling CX National Series Guide), as well as medals for all supported races at this event (Little Crossers, U9, U11 & Open).

2.5 Series Points

The points for the Series will be awarded based on the finishing place on each round in accordance with the following tables:

Position	Points	Position	Points	Position	Points
1st	80	9th	25	17th	14
2nd	65	10th	22	18th	13
3rd	55	11th	20	19th	12
4th	48	12th	19	20th	11
5th	43	13th	18	21st	10
6th	38	14th	17	22nd	9
7th	33	15th	16	23rd	8
8th	29	16th	15	24th	7

Finishing 25th or below earns 2 points and DNF earns 1 point.

2.6 Timing and Results

Live timing will be available at this event. Access to live timing will be provided through a dedicated event WhatsApp Channel (refer to section 1.13 of this guide). Results will also be posted to the [AusCycling Results Website](#)

2.7 Start Order

The start order for this event will be developed in accordance with the policy outlined in the 2025 AusCycling CX National Series – Series Guide. This guide can be viewed [here](#).

Starting order for Round 5 & 6 in all National Series Race Categories will be based on:

- 2024 National Cyclo-cross Series Final Standings *then*
- Order of entry or by the event host's discretion

Call-up order will not be updated between Rounds of the Series which occur on consecutive days.

Riders must be present at the Start no less than 10 minutes before their advertised start time. Riders who are not present at the time they are called to their start position will forfeit their call-up position and start from the back of the group.

2.8 Course Maps

Round 5 & 6 Course Maps will be made available the week of the event – week Commencing 21st of July.

3.0 Applicable Policies and Procedures

3.1 Anti-Doping Testing

3.1.1 Therapeutic Use Exemption

All competitors may be subject to anti-doping testing under AusCycling and Sport Integrity Australia regulations.

Therapeutic Use Exemption (TUE) A TUE is an exemption that allows an athlete to use, for therapeutic purposes only, an otherwise prohibited substance or method (of administering a substance). TUE approval may protect athletes from receiving a sanction if a prohibited substance is found in their sample.

To find out if you need to complete a TUE in-advance, you can use the [SIA TUE in-advance requirements checker](#)

TUE in-advance are typically required for athletes who are;

- A member of the Registered Testing Pool, National Testing Pool or Domestic Testing Pool
- A member of a national open team/squad including athletes with a disability planning to compete at the Elite National Championships.

If you are currently taking any medication, please check whether this substance is banned in or out of competition via www.globaldro.com/AU/search Further information on the TUE process can be found on the Sport Integrity Australia (SIA) website <https://www.sportintegrity.gov.au/resources/therapeutic-use-exemption> or by calling 1300 027 23.

3.1.2 Sport Integrity Australia App

Any athlete and official can download the SIA app.

The SIA App has been designed with athletes in mind. The App gives a complete list of all supplements sold in Australia that have been screened for prohibited substances by an independent laboratory. The testing and certification of sports supplements cannot provide athletes a 100% safety guarantee but does significantly lower the risk of a positive test. For non-tested supplements the App gives athletes access to a quiz to assess the risk posed by highlighting key risk factors. The App can also be used to report doping, check if a medication is banned in sport, give SIA feedback on testing missions, and complete online education modules.

3.2 Cameras

Cameras are permitted to be used in accordance with Section 1.03.06 of the AusCycling Technical Regulations - General and riders should familiarise themselves with their obligations should they wish to use one.

3.3 AusCycling Policies

The following AusCycling Policies apply to this event.

- [Concussion Policy](#)
- [Refund Policy](#)
- [Event Terms and Conditions](#)
- [AusCycling Technical Regulations - General](#)
- [AusCycling Technical Regulations – Cyclo Cross](#)
- [National Integrity Framework](#)



SPORT INTEGRITY
AUSTRALIA

CLEAN SPORT IS YOUR RESPONSIBILITY

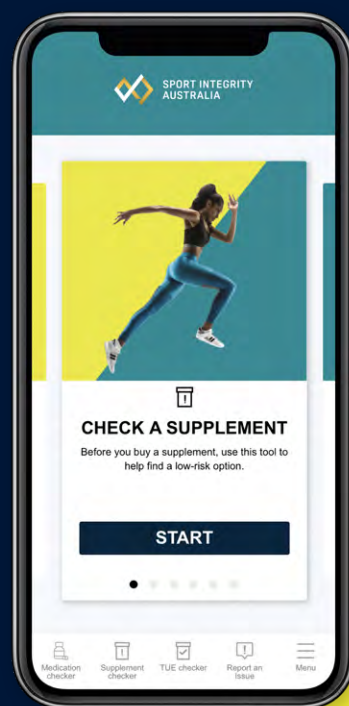
SPORT INTEGRITY APP

- Check medications on Global DRO
- Find low risk supplements
- Check if you need a Therapeutic Use Exemption (TUE)
- Report an issue
- Give feedback or ask a question

The app also has information on all sport integrity issues, anti-doping rules, testing programs, the health effects of doping, supplement and nutrition advice, overseas travel considerations and more. Just click on the menu icon.

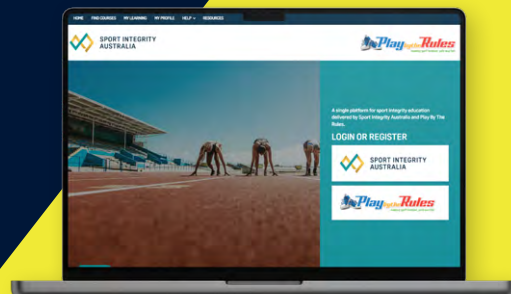


Download the app from the Apple Store and Google Play store here.



ONLINE EDUCATION

- Sport Integrity Australia's eLearning website: elearning.sportintegrity.gov.au
- Visit the site for courses on integrity topics including: Safeguarding Children and Young People in Sport Induction, introduction courses to anti-doping, match-fixing and illicit drugs, along with specific courses for parents and coaches.



Contact Us

Email: education@sportintegrity.gov.au

Safe Sport Hotline: 1800 161 361

Enquiries: 1300 027 232

www.sportintegrity.gov.au



SPORT INTEGRITY
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ANTI DOPING IS YOUR RESPONSIBILITY



Medications may have banned substances in them. Check all medications on the Sport Integrity app.



As a member of your sport, you are bound by an Anti-Doping Policy and potentially subject to investigation.



If you are involved in a team sport, and an athlete tests positive to a banned substance, the team could lose competition points and championship placings.



Learn more about the sample collection process via our Virtual Reality anti-doping test experience. Found in the menu of the Sport Integrity app under 'Tools'.



All athletes are responsible for what substances they put into their own bodies - they can't blame anyone else, however if a coach has supplied the substance, penalties also apply to the coach.



There are rules that you and your athletes must follow under your sport's Anti-Doping Policy. Details are in the Sport Integrity app menu under 'Know the rules'.



Breaking the rules could result in a ban of up to four years from ALL sport - no training, no playing, no coaching.



Supplements are a huge risks. Research shows 1 in 5 contain a banned substance not listed on the label. Find low risk supplements on the Sport Integrity app. If it's not listed, don't risk it.



Anti-doping education should not be a 'tick the box' exercise - it should be an ongoing conversation with your athletes.



COMPETITION COMING UP?

MAKE SURE YOU ARE READY!

1

Download the Sport Integrity App and use it to make your way through the following steps.



2

TAKING A MEDICATION?

Use the 'Check a Medication' tab to access Global DRO to make sure your medication isn't banned in sport.



3

TAKING A BANNED SUBSTANCE FOR MEDICAL PURPOSES?

Use the Therapeutic Use Exemption Checker to see if you need a TUE, and complete the paperwork if required.



4

USING SUPPLEMENTS?

Use the 'Check a Supplement' tab to check the risk of your product. Supplements are the leading cause of inadvertent positive tests in Australia.



5

NEVER BEEN TESTED?

Prepare yourself by going through a virtual reality test on the App. (Search for it under the menu icon)



6

KNOW THE RULES?

A positive test is only one way to be banned from sport. Read up on the 11 Anti-Doping Rule Violations.



7

COMPLETED YOUR EDUCATION?

Access the Sport Integrity Australia online courses by clicking on the Get Educated tab.



8

TRAIN AND COMPETE CLEAN!



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CONTACT US

Please visit our website sportintegrity.gov.au, contact us at education@sportintegrity.gov.au, call our Safe Sport Hotline **1800 161 361**, or enquire **1300 027 232**



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We believe assisting young women and men to achieve their best as both athletes and people makes us a better company. That's why we are the naming sponsor of the Australian Cycling Team.

At ARA, our focus is on more than just delivering essential building and infrastructure services. We're always thinking about how we can create value for our customers, support our community and enrich the lives of Australians.

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